



Risk Assessment - S&T Lone Working

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Department: Signal and Telegraph
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Lone working for S&T activities

Type	Hazard Cause	Persons Affected	Control Measures	L Overall	S	T	Additional Control Measures	L Overall	S	T	Owner/Action
Health and Safety	Injury or incapacitation whilst working alone Slips, trips, falls, injury or illness leading to incapacitation.	Volunteers & Staff	1) CRITICAL - Administrative: Use electronic sign-in system that can be tracked and select the 'lone working' option.. - Effective 2) CRITICAL - Administrative: Sign in every hour to keep system active and aware of your work. - Effective 3) CRITICAL - Administrative: Phone another member of staff before starting and at the completion of the activity. - Effective 4) CRITICAL - Administrative: Restrict work to only be performed in areas with good access and good visibility. Avoid embankments and other areas of rough or unstable ground. - Effective 5) CRITICAL - Administrative: Always carry a charged mobile phone for communication. - Effective 6) CRITICAL - Administrative: Naked flames are not to be used in the presence of any highly flammable materials such, as paints, solvents and gases. - Effective 7) CRITICAL - Administrative: Do not enter confined spaces or any tunnels. - Effective 8) CRITICAL - Administrative: If work is required on or near the running line on an operational day inform the signaller at either end of the section. - Effective 9) CRITICAL - Administrative: Lone working is only allowed in daylight. - Effective 10) CRITICAL - Administrative: If a ladder or scaffold is to be used, call another member of staff at the start and end of the task and inform them of the expected duration of working at height. - Effective 11) CRITICAL - PPE: Wear appropriate PPE for the task. - Effective 12) CRITICAL - PPE: Always wear Hi-Viz clothing. - Effective	2 x	2 =	4	None	2 x	2 =	4	n/a

Score and Control Measure Notes.

Low risk if control measures followed.

No additional control measures identified.

COSHH Assessments

There are no COSHH assessments associated with this risk assessment.

Ends